



# Clayfield Timetable 2023

## Grade 1 at school upwards

### **Jazz**

#### ***Available for students in Grade 1 at school and up in 2023***

Jazz is an energetic and upbeat modern dance style that promotes fitness, flexibility, and a healthy self-esteem. Classes are taught in a free syllabus style where students are taught the latest steps to popular music. Students have the option to work towards a mid-year in-house assessment which provides individual feedback, and of course perform onstage in our end of year concerts.

### **Tap**

#### ***Available for students in Grade 1 at school and up in 2023***

A fun and rhythmic dance style promoting musicality and co-ordination with a focus on sound clarity and percussive movement. Classes follow the Tapatak Oz syllabus. Students have the option to work towards a mid-year in-house assessment which provides individual feedback, and of course perform onstage in our end of year concerts.

### **Hip Hop**

#### ***Available for students in Grade 1 at school and up in 2023***

This class involves the latest street dance movements to the latest music. Hip Hop at Premier Dance is taught by renowned Brisbane Hip Hop dancer, teacher and choreographer Errol Cenita. Students are invited to bring their own sense of style and attitude in this high-energy class.

### **Beginner Dance - Ballet, Lyrical & Contemporary**

#### ***Available for students in Grade 1 at school and up in 2023 with little or no ballet experience.***

Suitable for those interested in attending one ballet class per week only. Students gain an understanding of movement principles in a fun and low-pressure environment. No set syllabus or grading followed. Not suitable for students enrolled in RAD Ballet classes.

### **Acro Dance**

#### ***Available for students in Grade 1 at school and up in 2023***

Acro integrates balancing, limbering, and tumbling in order to develop strength, agility and co-ordination. Acro classes use acrobatic mats to ensure the safety of our students.

### **Royal Academy of Dance (RAD) Classical Ballet Syllabus**

#### ***Available for students in Grade 1 at school and up in 2023***

A carefully structured syllabus suitable for boys and girls which begins from when children are in Grade 1 at school. Students are taught the Royal Academy of Dance (R.A.D) syllabus, which is a London based organisation, recognised and taught in over 70 countries around the world. Children are encouraged to progress at their own pace and can undertake optional examinations at the end of each grade. Ballet is a disciplined style of dance that develops a student's poise, strength, fitness, expression and coordination as well as promoting self-discipline and self-esteem.

### **Contemporary**

#### ***Available for students enrolled in RAD Grade 3 ballet & up***

This class explores the technique of contemporary dance, which combines elements of ballet and jazz technique, along with lyrical movement, floor work and expression through abstract movement.

### **Company**

#### ***Available for students enrolled in RAD Grade 1 ballet & up***

Premier Dance performance groups. Our Company dancers have a multitude of performance opportunities throughout the year between local school fetes, fundraising events, as well as our mid-year fundraising performance and end-of-year Concert. These classes require a high level of commitment from the dancers.

### **Stretch & Conditioning**

#### ***Available for students in Grade 1 at school and up in 2023***

Exercises for building the strength, flexibility and mobility that is essential for dancers. This class will also help give the students ideas for exercises that they can continue to practice at home on a daily basis.



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## Grade 1 at school upwards

<b>JAZZ</b>		
Junior/Pre-Inter Jazz Monday	Grade 1 - 4 at School in 2023	Monday 4:15pm - 5:00pm
Junior/Pre-Inter Jazz Thursday	Grade 1 - 4 at School in 2023	Thursday 3:30pm - 4:15pm
Junior/Pre-Inter Jazz Saturday	Grade 1 - 4 at School in 2023	Saturday 9:45am - 10:30am
Inter/Sub-Senior Jazz Thursday	Grade 5 - 8 at School in 2023	Thursday 5:45pm - 6:45pm
Senior Jazz	Grade 9 & 10 at School in 2023	Thursday 5:45pm - 6:45pm
<b>HIP HOP</b>		
Junior/Pre-Inter Hip Hop	Grade 1 - 4 at School in 2023	Thursday 5:00pm - 5:45pm
Inter/Sub-Senior Hip Hop	Grade 5 - 8 at School in 2023	Thursday 6:45pm - 7:30pm
Senior Hip Hop	Grade 9 & up at school in 2023	Thursday 7:30pm - 8:15pm
<b>TAP</b>		
Junior/Pre-Inter Tap	Grade 1 - 4 at School in 2023	Thursday 4:15pm - 5:00pm
Inter/Sub-Senior Tap	Previously enrolled/notified by teacher - new students	Thursday 5:00pm - 5:45pm
Senior Tap	Previously enrolled/notified by teacher - new students	Thursday 6:45pm - 7:30pm
<b>ACRO DANCE</b>		
Acro 1	All Beginners in Grade 1 at school & up in 2023	Wednesday 4:15pm - 5:00pm
Acro 2	Previously enrolled/notified by teacher - new students contact us	Wednesday 3:30pm - 4:15pm
Acro 3/4	Previously enrolled/notified by teacher - new students contact us	Wednesday 5:00pm - 6:15pm
<b>OPEN DANCE</b>		
Beginner Dance Intro to Ballet, Lyrical & Contemporary	Grade 2 - 6 at School in 2023 with little or no ballet experience. Suitable for those interested in attending one ballet class per week only. No set syllabus or grading followed. Not suitable for students enrolled in RAD Ballet classes.	Tuesday 5:15pm - 6:00pm
<b>RAD BALLET</b>		
Pre-Primary RAD Ballet Monday	Grade 1 at School in 2023	Monday 3:30pm – 4:15pm
Pre-Primary RAD Ballet Tuesday	Grade 1 at School in 2023	Tuesday 3:30pm - 4:15pm
Pre-Primary RAD Ballet Saturday	Grade 1 at School in 2023	Saturday 9:00am - 9:45am
Primary RAD Ballet*	Grade 2 at School / Completed Pre-Primary RAD Ballet in 2022	SELECT TWO: Monday 5:00pm - 5:45pm, Wednesday 3:30pm - 4:15pm, Saturday 10:30am - 11:15am (*Must attend two classes)
Grade 1 RAD Ballet*	Completed Primary RAD Ballet in 2022	Monday 5:00pm - 5:45pm & Wednesday 4:15pm - 5:00pm (*Must attend both classes)

Grade 2 RAD Ballet*	Completed Grade 1 RAD Ballet in 2022	Wednesday 5:45pm - 6:45pm & Friday 3:30 - 4:30pm (*Must attend both classes)
Grade 3 RAD Ballet*	Completed Grade 2 RAD Ballet in 2022	* Contact our admin office
Grade 4 RAD Ballet*	Completed Grade 3 RAD Ballet in 2022	Tuesday 4:15pm - 5:15pm & Friday 4:00pm - 5:00pm (*Must attend both classes)
Intermediate Foundation RAD Ballet*	Completed Grade 4 or Grade 5 RAD Ballet in 2022	Tuesday 4:15pm - 5:30pm, Friday 4:30pm - 5:45pm & Friday 5:45pm - 6:15pm (Pointe) (*Must attend all classes)
Intermediate RAD Ballet*	Completed Intermediate Foundation RAD Ballet in 2022	Monday 5:45pm - 7:00pm, Monday 7:00pm - 7:30pm (Pointe) & Friday 6:15pm - 7:30pm (*Must attend all classes)
Advanced Foundation RAD Ballet*	Completed Intermediate RAD Ballet in 2022	Monday 5:45pm - 7:00pm, Monday 7:00pm - 7:30pm (Pointe) & Friday 6:00pm - 7:30pm (*Must attend all classes)
<b>CONTEMPORARY #Must also be enrolled in RAD ballet</b>		
Contemporary 1#	Enrolled in Grade 4 - IF RAD Ballet	Tuesday 6:15pm - 7:00pm
Contemporary 2#	Enrolled in Inter & Adv Found RAD Ballet	Friday 5:00pm - 6:00pm
<b>COMPANY #Must also be enrolled in RAD ballet</b>		
Junior Company#	Enrolled in Grade 1 & 2 RAD Ballet	Wednesday 5:00pm - 5:45pm
Inter Company#	Enrolled in Grade 4 & Inter Found RAD Ballet	Tuesday 5:30pm - 6:15pm
Senior Company#	Enrolled in Inter & Adv Found RAD Ballet	Monday 7:30pm - 8:15pm
<b>STRETCH &amp; CONDITIONING</b>		
Stretch & Conditioning	Open to All	Friday 3:30pm - 4:00pm

\* Must attend two classes per week # Must also be enrolled in ballet