

Grade Two Theory

<u>French Name</u>	<u>Phonetics</u>	<u>Meaning</u>
Demi-plie	Demee Plee-ay	Half Bend
Grand Plie	Gron Plee-ay	Full or Large Bend
Battement Tendu	Bat-mon Ton-doo	To beat straight
Grands Battements	Gron Bat-mon	Large throw of leg
Devant	De-vong	Front
Derriere	De-ree-air	Back
A La Seconde	Aah-la-se-cond	Side
Ports de Bras	Por-du-brah	Carriage of the arms
Saute	So-tay	To Jump
Changement	Shong-shm-ong	To change – a jump changing feet
Echappe Saute	Esha-pay So-tay	Jump where feet escape from underneath body
Coupe	Coo-pay	To cut – from one foot to the other
Arabesque <ul style="list-style-type: none"> • 1st • 2nd 	Ara-besk	Balance on one leg with other extended behind. 1 st – opposite front arm to extended leg 2 nd – same front arm as extended leg
Pas De Basque	Par-de Barsk	3 step movement - stepping sideways bringing the second foot in onto the ball of the foot
Cifras	Ss-if-rars	3 step movement - stepping sideways bringing the second foot in onto the heel of the foot