

Grade Three Theory

<u>French Name</u>	<u>Phonetics</u>	<u>Meaning</u>
Demi-plie	Demee Plee-ay	Half Bend
Grand Plie	Gron Plee-ay	Full or Large Bend
Battement Tendu	Bat-mon Ton-doo	To beat straight
Battement Glisse	Bat-mon Glee-say	To glide
Battement Fondu	Bat-mon Fon-doo	To melt
Ronds de Jambe a Terre	Ron-du-shom Aah-tair	Circle round the leg on the ground
Develope	Dev-lo-pay	To unfold – unfolding the leg to an extended position
Grands Battements	Gron Bat-mon	Large throw of leg
A Terre	Aah-Tair	On the ground
En L'air	On-Lair	Off the ground
Devant	De-vong	Front
Derriere	De-ree-air	Back
A La Seconde	Aah-la-se-cond	Side
Ports de Bras	Por-du-brah	Carriage of the arms
Saute	So-tay	To Jump
Changement	Shong-shm-ong	To change – a jump changing feet
Echappe Saute	Esha-pay So-tay	Jump where feet escape from underneath body
Pas De Bourrees	Par-de-bou-rays	3 step movement – passing 5 th and 2 nd of rise
Balances	Balon-says	Rocking movement from side to side often to a waltz rhythm (3/4)

Coupe	Coo-pay	To cut – from one foot to the other
Arabesque <ul style="list-style-type: none"> • 1st • 2nd 	Ara-besk	Balance on one leg with other extended behind. 1 st – Same arm as front leg 2 nd – Opposite arm to front leg
Quick Promenade	Quick Promenade	3 step running movement on the third step you extend your leg stretched in front of you.