

Grade Four Theory

<u>French Name</u>	<u>Phonetics</u>	<u>Meaning</u>
Demi-plie	Demee Plee-ay	Half Bend
Grand Plie	Gron Plee-ay	Full or Large Bend
Battement Tendu	Bat-mon Ton-doo	To beat straight
Battement Glisse	Bat-mon Glee-say	To glide
Battement Fondu	Bat-mon Fon-doo	To melt
Ronds de Jambe a Terre	Ron-du-shom Aah-tair	Circle round the leg on the ground
Develope	Dev-lo-pay	To unfold – unfolding the leg to an extended position
Grands Battements	Gron Bat-mon	Large throw of leg
Relevés	Reli-vay	To snatch (feet together)
Releve Passes	Reli-vay Pass-ays	To lift one leg pointed in a bent and turned out position to the hollow under the knee, with the other leg stretched on demi-pointe (half point) passing leg either to the front of behind
A Terre	Aah-Tair	On the ground
En L'air	On-Lair	Off the ground
Devant	De-vong	Front
Derriere	De-ree-air	Back
A La Seconde	Aah-la-se-cond	Side
Ports de Bras	Por-du-brah	Carriage of the arms
Saute	So-tay	To Jump

Changement	Shong-shm-ong	To change – a jump changing feet
Echappe Saute	Esha-pay So-tay	Jump where feet escape from underneath body
Pirouette	Peer-oh-ette	Full turn – with one leg on demi-pointe (half point) and the other leg pointed in a bent and turned out position to the hollow under the knee
En Dehors	On-day-oar	Away from the supporting leg
Pas De Bourrees	Par-de-bou-rays	3 step movement – passing 5 th and 2 nd of rise
Glissades	Glee-sard	To glide
Balances	Balon-says	Rocking movement from side to side often to a waltz rhythm (3/4)
En Avant	On-ay-von	Traveling forwards
En Arriere	On-ar-i-air	Traveling backwards
Assembles	A-som-blays	To assemble the legs together
Pose Temp Leve in Arabesque	Po-say Ton-lo-vay in Ara-besk	Step forward on one leg, and jumping with one leg stretched towards the ground and the other leg stretched behind the back
Coupe	Coo-pay	To cut – from one foot to the other

<p>Arabesque</p> <ul style="list-style-type: none"> • 1st • 2nd 	<p>Ara-besk</p>	<p>Balance on one leg with other extended behind.</p> <p>1st – Same arm as front leg</p> <p>2nd – Opposite arm to front leg</p>
<p>Quick Promenade</p>	<p>Quick Promenade</p>	<p>3 step running movement on the third step you extend your leg stretched in front of you.</p>